

INSTRUCTIONS FOR PATIENTS PRIOR TO SEDATION OR GENERAL ANESTHESIA



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NEGLECTING ANY OF THE FOLLOWING MAY RESULT IN CANCELLATION OF TREATMENT

HISTORY AND PHYSICAL FORM

Many patients are provided with a history and physical form that should be completed by your physician, PCC or pediatrician before treatment. For your safety, patients requiring a history and physical form **will not be scheduled** until we have received a copy of the completed form. It is extremely helpful if you ask your physician to fax over the **form** when it is completed. This allows our doctors to review the medical findings prior to your appointment. If you do not have access to a fax, **please make sure that we have a copy prior to treatment.**

EATING AND DRINKING

You are not permitted to eat or drink 8 hours before appointment unless otherwise directed by your anesthesiologist. **Patients who fail to follow this rule will be turned away, no exceptions.** Also, food is not permitted in the waiting room as respect for other patients awaiting treatment and cannot eat or drink.

MEDICATIONS

Please take your medications normally, unless otherwise instructed by your doctor. Medication should be taken with only a small sip of water. If you or your child has asthma, it is always a good idea to bring your inhaler. If diabetic, please bring your medication/insulin.

CLOTHING AND MAKEUP

Please wear loose fitting shirts with short sleeves. Comfortable pants or sweatpants may also be worn. This allows us to place our monitors appropriately and to position your body comfortably during treatment. Flat shoes (preferably tennis shoes) should be worn and all contact lenses should be taken out. Please do not wear tall boots, and don't forget your socks! **For children being treated, please bring an extra set of clothes, small children may wish to wear a diaper or "pull ups" home.**

CHANGE IN HEALTH

A change in your health, or the health of your child, especially the development of a cold or fever is very important. For your safety, if you have symptoms of a cold 24 hours prior to treatment you may be reappointed for another day. **Please inform the office of any change in health as soon as possible.**

ARRIVING

A responsible adult must drive you to the office and it is preferred that **two adults** if possible accompany minors. A parent or legal guardian **MUST** accompany pediatric patients to the appointment and stay in the office during the entire procedure. You must be available provided we need consent for any reason. **Do not** bring any other children with you. Your focus will have to be on the patient for his/her recovery.

PROCEDURE

Please remember that full mouth rehabilitation is much like surgery. Some appointments may run longer than expected. Please be patient. We take pride in providing the utmost care for every patient that we see. We will certainly afford you or your child the same extra time and attention when your turn comes.

GETTING HOME

A responsible adult must drive the patient home. Any child receiving sedative management must be taken home by the **parent and second adult**. ALL patients should be in a car seat or if old enough to wear a seatbelt, should be sitting in the upright position on the way home.

DO NOT PLAN TO DRIVE A VEHICLE OR OPERATE POTENTIALLY DANGEROUS EQUIPMENT FOR 24 HOURS AFTER YOUR TREATMENT. DO NOT PLAN TO TAKE THE BUS OR TAXI HOME.

A parent or responsible adult should be with the patient until the next day. The child, if sleepy, should be placed in the same room where the parent or responsible adult is staying, so that they can be appropriately monitored.

SIGNATURE _____

DATE _____